Free Technology Programs & Resources

Learn

In-Person: Tech Pals matches young adult mentors who are visually impaired aged 18-24 with older adults aged 55+ who are also experiencing vision challenges to provide training on accessibility features on mobile devices. The training is tailored to individual goals and is offered at Lighthouse Guild's state-of-the-art Technology Center on Saturdays. It covers basic functions of mobile phones and tablets, including apps, texting, emailing, and using social media and remote platforms. For more information, visit our **website** or call **212-769-6245**.

In-Person: Tech In-Session is a monthly, interactive group discussion on assistive technology for people who are blind or visually impaired. To learn more or view upcoming sessions, visit our **website**.

Virtual: Tech Talk is every third Tuesday of the month at 3PM EST. It's an online discussion on assistive technology for people who are blind or visually impaired. To learn more, view upcoming topics, and listen to previously recorded topics, visit our **website**.

Listen

On Tech & Vision Podcast: In this podcast series, Dr. Cal Roberts talks to people with big ideas about how technology can improve the lives of people with vision loss. Available on Apple Podcasts, Spotify or wherever you get your podcasts. To explore topics or subscribe, visit our **website**.

Join

Our **Tech & Vision Mailing List** to receive exclusive invites to virtual and in-person sessions on accessible technology for people with vision loss.

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