

Low Vision and Health Center

Lighthouse Guild optometrists, specializing in low vision, provide functional vision evaluation and low vision therapy to patients of all ages. The relationship between vision impairment and other medical issues led to the development of a health center offering a complement of medical services, including:

- **Primary Care**
- **Endocrinology**
- **Podiatry**
- **Registered Dietician/Diabetes Education**
- **Occupational Therapy**
- **Optical Dispensary**

Behavioral Health Services

We operate the only behavioral health center in the U.S. focused treating and managing behavioral disorders of people of all ages who are blind or visually impaired, at risk for vision loss, and who may have other disabilities. We offer face-to-face and telehealth psychotherapy, support services in individual and group settings, including:

- **Individual, couples and family individual and group psychotherapy**
- **Psychiatric evaluation**
- **Medication management**
- **Psychological and neuropsychological testing**
- **Medical coordination and wellness**
- **Crisis intervention 24/7**

Tele-Support and Remote Care and Learning Network

The tele-support network is designed to help people of all ages and their families cope with visual impairment by providing support programs and resources. Each tele-support group meets by phone or online on an ongoing basis and are facilitated by health professionals. A number of different support groups are offered for:

- **Parents of children with visual impairment**
- **Teens**
- **Young adults**
- **Adults**

Vocational Rehabilitation Services

Our vocational rehabilitation services helps people of all ages who are blind or visually impaired obtain the necessary skills and compensatory strategies needed to navigate their world, manage their day-to-day activities, attain their education and career goals, and remain engaged in their community. We offer a number of services including:

- **Independent Living Skills** to function safely and independently in the community, and accomplish daily tasks.
- **Orientation and Mobility** training to navigate safely at home and in the community.

- **Academic and Communications Skills** such as instruction in braille, keyboarding, and the use of adaptive aids such as electronic note taking to support educational goals.
- **Adaptive Technology Training** for instruction on the use of specific products, and adaptive equipment, including screen magnification and reading software.
- **Youth Services** including Saturday and summer programs that provide recreation and socialization, independence skills, college prep, and work experience training.
- **Career Services** focused on assisting clients with finding and retaining jobs.

Other Programs

Education and Training to prepare practicing and emerging health and education professionals to identify functional vision problems, address vision issues, and refer patients to low vision services.

Vision Science Awards recognize research that has led to important advancements in understanding and treating eye disease and vision impairment including:

- Bressler Prize in Vision Science
- Pisart Award in Vision Science
- Oberdorfer Award in Low Vision Research

Lighthouse Guild Research Institute conducts studies designed to translate scientific findings and technological advances into useful solutions for people living with vision impairment.

Lighthouse Guild Scholarship program awards merit-based scholarships to help outstanding legally blind students from across the country attend college or graduate school.

The Stephen T. Pearlman Volunteer Center recruits, screens, trains, and places volunteers, students, and support Lighthouse Guild's direct services, administrative tasks, and special events. Our signature program is Reading Services, where volunteers help people who are visually impaired access the printed word through reading mail, email, periodicals, academic text, leisure reading, etc.

Community Outreach to increase awareness about vision loss, promote ways to prevent avoidable vision loss, and facilitate access to low vision services.

Advocacy to engage local, state and federal policymakers to raise awareness of the need for access to vision rehabilitation services and to advocate for appropriate legislative responses to issues affecting people with vision loss.