**Memory Café**

Please join us for our bimonthly group for folks with cognitive impairment or dementia to reminisce, engage in activities, and create a sense of connection and wellness. Caregivers are invited to join to meet/socialize with other caregivers and participate in activities.

A person standing in front of a kitchen

Description automatically generated with low confidence

**1st and 3rd Thursdays of each month.**

**10am – 12pm at the Harrison Community Center 3002 W 3rd St, Duluth, MN 55806**

**To register for the group please contact: Jessica Marquardt – 218.624.4828 ext. 1018 or email** [**JessicaM@LCFVL.org**](mailto:JessicaM@LCFVL.org)

**Volunteers Welcome! Please call or email for more information.**